



**COUPLES  
POWER SPIN CLASS**

Sunday, May 18 | Fitness Center

**FITNESS IS BETTER TOGETHER**

Grab your partner and turn up the energy in this  
dynamic spin class designed for two.

Build strength, boost cardio, and have fun pushing each other to the finish line!

*Limited spots—reserve your bikes today!*  
**RSVP required | Mobile App or [lakewoodranchgolf.com](http://lakewoodranchgolf.com)**