



Lakewood Ranch
GOLF AND COUNTRY CLUB

MEMBERS:

Try Osteopathic Manipulative Treatment (OMT) here at the Fitness Center!

Holistic Education

Osteopathic Medicine

Injury Prevention

Benefits of OMT:

- Pain Relief (Chronic & Acute)
- Increased Mobility/Flexibility
- Improved Circulation/Lymphatics
- Enhanced Nervous System Function
- Digestive Health Support
- Respiratory Function Support

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Event Date: **March 19, 2025**

Time: **10am-3pm**

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Contact us for more info!

