



SUNSET YOGA

with Luisella Rossi

Unwind and embrace the tranquility of outdoor yoga.

TUESDAY, APRIL 8

6 PM, THE LAWN AT THE LODGE

RSVP Required | lakewoodranchgolf.com | Mobile App



Set in a peaceful natural environment, this session encourages slowing down, breathing deeply, and embracing the present moment.

Flow with ease, find your center, and connect deeply with your body and mind.

Perfect for all levels. Bring your mat and positive energy!